Summary of Minutes May 2018 Columbia County Community Advisory Council

The meeting opened at 3:30pm and the agenda was reviewed.

The minutes from March meeting were approved.

CCO 2.0/IA Update:

Joell discussed the purpose and timeline of CCO 2.0. Her presentation included a review of what a CCO is, a map of CCOs throughout Oregon and what worked well for CCO 1.0. She shared Governor Brown's Vision for improving CCOs in the future, which included: Maintain sustainable cost growth, increase value based payments and pay for performance, focus on social determinates of health, and improve the behavioral health system. She reviewed OHA and OHPB (Oregon Health Policy Board) timeline and stated that the 2018 contract had been extended through 2019. The extension allows for new ideas and policy recommendations to be gathered and reviewed prior to the state entering the request for proposal or application phase. Joell discussed the member survey that was recently released and stated she would send the link to the CAC. She encouraged all CAC members to complete the survey and to forward it to others that might be interested as well. Everyone is welcomed to respond. She then discussed that she would like to gather feedback on the following three questions as another means to provide input to OHA for improvements to CCO 2.0.

- 1. What are three things that OHP could do that would help **you** stay healthier?
- 2. Have **you** ever needed a health service but had to "give up" on the idea? Why was that?
- 3. What do **you** wish your health plan could do for you that it doesn't already do?

As she noted the responses, she thanked everyone for their input and said she follow-up with an email to the link for the on-line survey. The survey can be completed on line or it can be printed and mailed to the OHA office. Dan offered to print and collect (and mail) any that where dropped off at the CAT office.

Housing Community Meeting Update:

Members discussed the April 26 community meeting. While the turnout was small, the hope is to establish a sub-committee in the future to continue the conversation. This is a large undertaking with a community that is slow to embrace change, so it will take some time to move the needle. Additional meetings in the next couple of months may be scheduled.

Quarterly Theme: Suicide Prevention:

Nancy began the conversation and provided a handout, created by TPHFCC Suicide Prevention Taskforce and CPCCO, that listed services and information in Columbia County. She and Sherrie reviewed the list with the CAC, noting a few updates and additions that would be added. They discussed some of the immediate efforts the taskforce was focused on, such as prevention trainings, support groups, TIC/ACEs trainings, and self-care ideas. The longer-term plans/discussions include grants applications. Nancy and Sherrie discussed the idea of QPR (Question, Persuade, Refer) training that the CAC had expressed interest in at the April meeting. The training would take the place of the June CAC meeting, however, and

would need to be later in the month due to the trainer's availability. June 20 was a date the trainer was available and the CAC agreed that day would work. Nancy and Sherrie discussed that the two high school students on the taskforce are working on t-shirts to give to participants that attend trainings. The front will say "We're Listening" and the back will have a hotline number. The hope is to offer monthly trainings in the community, including "Response" which is a comprehensive all-day training aimed toward high school students. The CAC continued the discussion of suicide prevention, and the discussion of how schools utilize phone trees/call assistance, mobile crisis team, suicide prevention plan, and the sad news that another youth had committed suicide this past week.

Rapid Feedback Results for May 2018

Objectives:

- 1) Create process to collect qualitative and quantitative data to identify effectiveness of community advisory council agendas and related activities.
- Create opportunities for advisory council members to share views and experiences related to health and the health care system.
- 3) Have an average score of 4 in the four categories of evaluation (value of session, practical application, knowledge gained, enough opportunities to share my views and ask questions)
- 4) Use information gained to reflect on findings, brainstorm ways to refine advisory council best practice framework process and quickly implement changes.
- 5) Use information gained to inform the CPCCO Board of Directors of member advice and experiences of health and the healthcare system.

May 2018 Rapid Feedback

Category	Average Score
Knowledge Gained	3.6/5
Value of Session	4.8/5
Practical Application	4.3/5
Enough opportunities to share my views and ask questions	4.4/5
Comment Summary:	

CHA/CHIP Update:

Nancy gave a brief updated on the CHA Community Health Assessment and CHIP Community Health Improvement Plan. She discussed training opportunities in May and June for anyone interested in supporting the process for the next five-year plan. There is a training on May 22 that each CAC Chair and Co-Chair have been invited to attend. Nancy will email the CAC and if others are interested, they should contact her.

Community Update: Due to the time, there was not community update.

The meeting adjourned at 5:20pm.

Next Meeting: TBD - June for QPR Training

Location: Community Action Team, Community Room