

Summary of Minutes July 2017
Columbia County Community Advisory Council

The meeting opened at 3:30pm and the agenda was reviewed. It was noted that Kelly White, from the CCO's clinical team, would be joining at approximately 4:00pm to discuss the *Community Para-Medicine* program the CCO and Chief Coombs have been working on for Columbia County.

The minutes from June meeting were approved.

Discussion: Social Determinates of Health

Karen provided a partial list compiled of Social Determinates of Health. She clarified that this list came from a conference she and other CCO staff attended and during the conference each time a speaker mentioned a determinate, she and the other CAC coordinators wrote them down. They decided to share the combined lists with the CACs as an idea for discussion. An afterthought was that it might be a useful tool to gather specifics within each county and perhaps lead to ideas for future projects. It's not an exhaustive list but rather an opening for discussion. The CAC discussed additions to the list like, drug and alcohol use/abuse, tobacco, Trauma Informed Services/ACEs, and flexible transportation needs. The CAC also discussed definitions of Social Determinants of Health which should include: things that you don't go to the a doctor for but are health related, basic needs but a little bit further, lifestyle, i.e. living with a smoker, living in a home (or neighborhood) with violence. Also, discussed was how to provide services with current capacity; one example was the WIC Program as a model, i.e. traveling/meeting members where they are, sharing space with other organizations, like the Ruth Ann Center at CAT office – although a review of utilization, or lack of, could be helpful. Karen will update the list and provide a copy to CAC members for future discussions.

Community Para-Medicine Program

Kelly White, Transformation Specialist, CPCCO's clinic team, discussed the *Community Para-Medicine Program* and the partnership with Chief Coombs, Columbia River Fire & Rescue. She and Chief Coombs were interested in gathering feedback from the CAC. This new program will launch this fall. Kelly explained the *Community Para-Medicine Program* would have trained paramedics that will visit high risk, high cost members (those with repeated ED visits, follow-up after hospital/ED discharge, etc.) in their home to provide transitional care of one to five visits. During the visit, the community para-medical will review discharge instructions, review medication/s and prescriptions, access home for safety, etc. Kelly stated this was a community project and wanted the community to have a voice as they begin to bring structure to the program. Some of the other partners supporting this are Public Health, CCMH, and OHSU Scappoose. Adult/Aging Services were mentioned as a possible partner. Kelly will return to provide further updates and ask for input.

Columbia County Fair

Karen announced that with the assistance of Commissioner Heimuller, a spot/booth at Columbia County Fair was offered to the CCO. She asked if any CAC members were interested in volunteering at the booth. This would be an opportunity to recruit CAC members, hand out information and SWAG. The CCO had Frisbees, sunglasses, jump ropes and other fun things to give away. She mentioned that she thought the booth would be open Wednesday, Thursday, and Friday and hoped they would not have to be there Saturday and Sunday. Next year hopes are for the CCO to be a sponsor, along with a few others, for a *Health, Fitness, and Safety* component of the fair. The idea would be for several partners to work together, all located in a specific area and it be only a couple of days of the fair. She will work on it and bring it back later when she has more information.

Incentive Metrics Projects:

PowerClean – continues to go well.

Motivational Interviewing – classroom sessions complete, evaluations to be sent and *learning community/collaborative* to start.

Welcome Home – is a project to assist patients discharged following mental health hospitalization. Patients receive care package of personal items necessary upon discharge from the hospital. GOBHI is the partner in this project.

Paper Tigers – Multiple showings of Paper Tigers are scheduled. August 28th Scappoose High School will host three showings during their in-service. Vernonia and St. Helens School Districts have also requested showings and dates to be determined. Shaunee is also working on a couple of community showings.

Other Updates:

The 2018 CHIP Update was given to the CPCCO Board of Directors at the June Meeting and then submitted it to OHA. The next Regional CAC Team meeting will be August 8 or 10th.

The meeting adjourned at 5:00pm.

Next Meeting: August 10, 3:30 – 5pm

Location: Sunset Park Community Church.