## Clatsop County Community Advisory Council Minutes

Tuesday, May 1, 2018 5:00-7:00 pm

The Advisory Council was presented with the April minutes and May agenda. A quorum was not met at this meeting, leading to the approval of the minutes to be done electronically.

- The Council discussed the Opioid Summit that was hosted at the end of April by Columbia Pacific CCO. It was recalled that there was a wide-range of speakers, and the inclusion of community perspectives was appreciated. It was noted that the presentation on fibromyalgia was especially well-done, considering what a complex diagnosis it is and how prevalent it is. Also, specifically recognized was the growth and shift of culture occurring at the Rhinehart Clinic in Tillamook county. A member referred to the great information presented at the summit that presented different perspectives to treatment. For example, abstinence based vs. medication that will taper, vs. lifelong medication. She appreciated the recognition that it's not a one-size-fits-all model and that the whole person needs to be treated not just the disease. It was also shared with the Council an experience of presenting at the Opioid Summit on the Harm Reduction Program in Clatsop County, where the County and Jordan's Hope are facilitating needle exchanges at multiple locations. It was presented that the exchange operates one clean needle for every used one turned in, while also handing out free naloxone kits to potentially prevent future overdose deaths.
- This quarter the focus area for the Clatsop Advisory Council is substance use, and in response to the discussion the Council had in April, the CAC Coordinator conducted a quasienvironmental scan. In attendance was Kerry Strickland, founder of Jordan's Hope for Recovery. She added that "addiction is addiction" whether it be to coffee or heroine. However, there are varying dangers and stigma attached to certain substances. She shared with the Advisory Council the work that Jordan's Hope has done, and her background and what brought her to this mission.
- **Joell Archibald** provided the Council with a PowerPoint presentation on CCO 2.0, and outlined the newer metrics, which are designed to impact population health.
- Alix Richardson, Healthy Hearts Coordinator, provided an update on the Advisory Council sponsored incentive fund project.
- The Council participated in rapid feedback evaluation of the new framework, results of such are below. The June meeting will take place as a community conversation around substance use, June 12 5-7 at the Seaside High School Library.