## Columbia Pacific Coordinated Care Organization (CPCCO) Board of Directors Meeting: April 15, 2019 Meeting Minutes



The meeting was held in Columbia County. Seven of the eleven Board members attended: Jon Betlinski, Sherrie Ford, Henry Heimuller, Eric Hunter, Debbie Morrow, Kendall Sawa (via phone) and Erin Fair-Taylor.

The meeting was called to order at 10:05 a.m. with an established quorum. The Consent Agenda was approved by unanimous vote of the Directors present.

## **Topics and Action Items**

- 1. CCO RFA Update. The Board discussed the status of Columbia Pacific CCO's application for the 2020-24 contract with OHA due to the state on April 22<sup>nd</sup>. As an incumbent CCO in the region, Columbia Pacific's application furthers many of the initiatives that have been building momentum over the years at both the community and clinical levels. The Board discussed a few areas of concern, including how to align the CCO's preferred prescription drug list with a state-proposed list without driving up costs; but, overall, the state's areas of focus over the next five years are highly aligned with the Board's 2019-22 Strategic Plan. The Board discussed the problems for providers, members and the governance structure itself of two possible CCOs in the Columbia Pacific service area.
- 2. BH Benefit Transition. CareOregon's Vice President of Behavioral Health presented the plan and work to integrate the management of the behavioral health benefit at Columbia Pacific. The primary focus is ensuring no disruption in care or service for members by preserving stability and continuity of the provider network in the three counties. In addition to hiring a new Behavioral Health Manager for CPCCO, a new outcomes-based care coordinator is being hired to assure high quality and effective care. The Board reviewed a prototype dashboard of encounters, engagement and penetration rates; the Board requested additional break out of mental health and addictions services penetration rates by adults and children, with ethnicity, if possible.
- 3. Q4 2018 BOD Dashboard. The Board reviewed the final 2018 dashboard for CPCCO, including forecast to actual membership and revenue, current to prior year Medical Benefit Ratio (MBR), utilization and cost for pharmacy, inpatient and outpatient services, utilization trends for service categories of medical services (e.g. primary care services) and dental services, and cost and ride breakdowns for NEMT. The Board requested a comparison between the current and prior NEMT brokers to be presented in June.
- 4. Healthy Hearts Program. Clatsop Board member, Debbie Morrow, presented an overview of a Clatsop County program that was funded by CPCCO. The 24-week program to address hypertension was a partnership with Providence Hospital and several other community organizations to increase health conscious decisions with a focus on obesity and mental health. Outcomes for participants included decreased

- smoking, lowered blood pressure and diabetes poor control; it made a difference for the participants!
- 5. Executive Director's Report. The April report included an update on a meeting with OHA leadership regarding transition of the behavioral health benefit, an update on the Board Strategic plan and a proposal for providing the Board on updates regarding CPCCO-funded projects and programs.

## 6. Committee Reports

- a. The Finance Report included a January 2019 financial performance, including membership, aggregate and sub-capitation revenues and expenses, medical expense trends, monthly operating income, and fund balances for clinical and community investments.
- b. The Community Report included an update on the 2019 Regional Community Health Improvement Plan (RHIP) which, for the first time, is being done with a formal Letter of Agreement with the public health departments in each county, and the community mental health program and two hospitals in Clatsop County. These partners are working on data sharing and selection of health improvement priorities for each. Based on CAC and community feedback, the recommended priority areas include: multi-sector trauma-informed practices, access to preventative and treatment services for mental health and addictions, supportive housing, activities to decrease social isolation such as transportation access to healthy foods, dental services and early childhood supports for kids and parents. The RHIP is due to the state on June 30<sup>th</sup>, 2019 for the period 2020-2024.
- c. The Clinical Report included the work in progress to address several strategies in the Board Strategic Plan, review of 2018 and 2019 metrics achievement, new levers to work with clinics to improve performance regarding quality targets, and a proposed CPCCO Request for Proposals for investments to decrease inappropriate ED utilization.

## 7. Action Items

- a. By unanimous vote of Directors present, the Board approved the proposal to enhance the distribution methodology for Quality Pool earnings.
- b. By unanimous vote of Directors present, the Board accepted the January 2019 Financial Report.
- c. By unanimous vote of Directors present, the Board approved all six of the proposals for funding by Columbia Pacific CCO: Tillamook Farm to School, Tillamook Family Resource Coordinator, Tillamook Mobile Health Clinic, Tillamook and Clatsop Helping Hands Reentry Outreach, Columbia Youth ERA Drop Center and Columbia Pathways Residential.

There being no further business to discuss, the meeting adjourned at 1:17 p.m.