

Tillamook Community Advisory Council Minutes

6.12.13

Members present: Erin Skaar, Ron Steiger, Harry Coffman, Jim Becraft, and Margot Huffman.

Columbia Pacific staff, innovator agent, VISTA representation: Katherine Carlson, Mimi Haley, Grant Higginson, Joel Archibald, Nancy Knopf.

Guests: Pearl and Patrick Ireton.

Agenda Topic: Call to order/review agenda/approve previous minutes/introduction of new members.

Minutes: Several typos were pointed out. Grant Higginsons name spelled is incorrectly, Joell Archibalds name is spelled incorrectly; Fourth to last paragraph needs to include the corrected sentence "There are people who expect that the needs assessment is a meaningful product".

The minutes were approved by the council.

Review of agenda. There were not any additions or changes.

Three new members were welcomed Jim Becraft, Harry Coffman, and Margo Huffman.

Agenda Topic: Presentation from the DD Advocacy community.

DD advocates Pearl and Patrick Ireton who provide care for 6 disabled adults, three of which are their adopted children. They discussed the scheduling of DD patients in the doctor's office should be scheduled first thing or as the last patient. These patients often have difficulties with doctors or have behaviors that can be disruptive.

Pearl discussed her frustration regarding the continuity of care that her children have received after they became adults. Their care was transferred from Dornbeckers because they have aged out of Dornbeckers. It is hard to find preventative care that is as good as the care at Dornbeckers. Dornbeckers was more into preventative care which is very important for this population because of communication issues. One of her family members was denied a preventative procedure that was recommended to be done every five years and was told that this would only happen unless there is a problem. Same with her family members who are hydro-cephalic and have shunts. Health care issues are often expressed behaviorally. Private care providers are not as experienced in providing care to this population. Discussion of how important it is to be able to advocate and help this population to navigate the system of care. They were very surprised that the preventive services through Dornbecker were not there once their family members were over 18.

Pearl discussed Vision and Hearing services now that her family members are adults. Unless they have the plus plan they do not get this service. Again if the preventative process was in place it would better serve this group of people in the long run. Dental services are unavailable for these clients who need

capable and specialized personnel who understand and are sensitive how these services need to be delivered.

Discussion of preventative care and how important it is as a key to having inexpensive health care outcomes. We know what we can do but we need to work together. Mimi discussed Care Oregon who has a dental director who is working with Marlene Putman to create this in Tillamook for OHP and uninsured clients. Emergency departments report that 35-40% of people that go to emergency are there because of dental pain. Jan Stewart talked about how not getting dental care early on causes so many people problems. People who have gone a lifetime without medical care often just expect to have their teeth pulled rather than be preventative.

Discussion of importance of sharing medical information. Electronic medical record. Need a community system that shares health information. Discussed importance of continuity of care especially for people in foster care when clients move from home to home.

Discussion by the CAC of what are the barriers and challenges for special populations? We need to know what to look for and find data about special needs. Tillamook County has a large population of DD clients. We could do better providing care to foster kids and adults who are in foster care. We could save millions of dollars providing preventative care. Just simple things like teaching kids how to brush their teeth and giving them toothbrushes/toothpaste.

Nancy asked Pearl and Patrick what is the one thing that works really well?" We have a great DD staff in Tillamook County". The primary doctor allows standing orders that help prevent needing to go to the emergency room.

Agenda item: Discussion and nomination of regional CAC members. Discussion of training opportunities. Update from the state innovator agent.

Nancy discussed that because there are three counties and the region of Reedsport that make up the CCOs we are going to have a regional CAC. There needs to be at a minimum of two people from each council the chair and a consumer. There is a 6 month commitment. (but the process for membership will be decided by the R-CAC) There will be an initial meeting in July to determine work process. Jan Stewart is interested. Marlene is the chair and will be going. Harry offered to be part of it as well.

Jim offered to help as well as Harry. There is a data analyst and Nancy who are helping with the gathering information.

Discussion of training opportunities- Bridges out of Poverty article was given out by Nancy. There is potentially some opportunities to get training support. Joell asked if Tillamook has had any training regarding socio-economic status and health care. Erin thought that it would be very well received in Tillamook County.

Joell discussed the work of the innovator agent which is housed in the transformation center. This request has been carried forward to the transformation center. There is a new employee with the transformation center Krista Mars who was formally with Northwest Health Foundation she will be working with innovator agents to identify trainings. Joell reported that the transformation plans amendments have been approved by the federal government. There are statewide changes with the CCO and drug and alcohol treatment is paid for through the CCO starting July 1st. This includes residential treatment. A person could go out of county for residential treatment. There is a list of 17 measures that the CCOs are being asked to track their improvement. Healthy Kids has been a huge success in Oregon and ends June 30th and on July 1st will be called Cover Oregon. Applications will be on-line and will be through the Exchanges. On July 1st the communication materials will be rolled out. On October 1st you can apply on-line. Coverage will be active on January 1 2014. Grants are now being vetted to have system navigators that can help people to apply for insurance.

Mimi shared that the estimated number of people for Tillamook County who will be eligible is 2000. The standard plan is going away. Everybody automatically rolls onto a plus plan. The poverty level increases to 138% of poverty. The 2000 was predicated on who is on Oregon Trail currently but are not eligible for Medicaid. There is a concern that there will be problems with access. What about seniors who meet income and have Medicare? We don't know yet.

Agenda Item: Discussion of needs assessment and steering committee results

Katherine (filling in for Marlene) discussed having questions about getting the data together. Different assessments have done and they are wondering what kind of support is available through the CCO. The steering committee also talked about going to a county fair with a community survey. Grant discussed that the meeting on June 21 had a lot of good representation and energy.

Grant discussed that in addition to Nancy a data analyst has been hired by the CCO (Ari Wagner). Ari will create a basic template of data and their sources. Ari is very good about helping to look at data and turn it into narrative. Grant discussed that his role is now being reduced. Nancy is now the primary contact. The role of the steering committee is to identify local data and to find data to give to Ari that addresses data that is unique to Tillamook. Ari will do the analysis of the gathered data. We are going to create a standard template for the data so you can look across the CCO and can look for commonalities in the data

Agenda item: Discussion of short survey for CAC to distribute, get input from CAC.

Grant discussed the brief community survey draft. We have been discussing the importance that the community needs assessment will be getting community voice. One thing we have decided on in a brainstorming session was, " what does this council believe what are the elements conditions that a healthy Tillamook look like"? This is to just drive a conversation regarding visioning. It is not meant to be a comprehensive survey. It is just to help with the visioning process. Grant asked them to look at the three questions and what would you like added or deleted. You need to let us know by the end of the week so we can finalize the survey. Katherine wanted to know difference between being overweight and obesity? Being overweight is a risky behavior. In July will be looking at the strengths of the

community what are the foundations and what are working. Ari will present putting the narrative in the data. What do we see as gaps? This will give us some talking points around. The environment and health/recreation are not representation. Poor eating habits, access to nutritious foods instead? Jan suggested that mental health should be broken down more into categories such as suicide, depression. Question number 3 regarding drug and alcohol as risky behaviors it feels that there is a judgment attached to that and it is defined as a behavioral issue. Our behaviors are focused by the environment we are in. Creating a healthy environment affects your behavior. Should we say health challenges? It could be narrowed to two questions. Use alcohol/drug use instead alcohol/drug abuse. If you think of other things get them to Nancy. Need a line for comments.

Grant asked that each council member take responsibility to get 10 of these complete. Half would be members of OHP and half would be who think are key stakeholders. Need to back by June 30th. Nancy will send a final one on Friday the 15th by e-mail to everyone. Discussion of having different options to complete the survey. Would like to have hard copy, electronic copy and survey monkey to complete these. If we could get 10 of what people thought represented the community this would be great. The council agreed to do their best to get this done.

Grant discussed existing assessments and gave out a list of currently known assessments and asked for feedback. Send any ideas to Nancy. Jan shared that the community mental health assessment will be completed by the end of July. Nancy will send out the written document. Mimi discussed the legislation that requires the advisory council to be open to the public which creates a need for process around how people find out about the meetings and meeting process and how the public will be able to make comment. There are different ways that the public can make statements. Jan recommended a format that Valley Behavioral Care Network. Each agenda item is identified as a discussion item or if it is a decision item. Then a time was allotted to each item. Katherine asked about the established a regular meeting time. The meeting time is the second Wednesday 4-6. This issue will continue to be discussed in upcoming meetings.

Grant stated that it has been really great interacting with the Tillamook CAC over the last few months. Grant will continue to be available as a consultant but will no longer be attending the CAC meetings on a regular basis.