

Summary of Minutes January 2014 Reedsport Community Advisory Council

The agenda was reviewed. Two presentations were added to the agenda. With these additions, the agenda was approved.

All those who submitted an application for membership were accepted as members of the Reedsport Advisory Council.

Joell Archibald, State Innovator Agent, gave an update on the state of Cover Oregon. The most recent numbers show that the Columbia Pacific CCO has over 4,300 new members.

Nancy Knopf, advisory council coordinator, led the CAC through the process of choosing health priorities. Members discussed strategies that would be important to address the health priorities; Vitamin D screening and supplements, free gym & pool access, and a center for health and lifestyle classes. The top three health priorities were grouped as follows: (1) Obesity, nutrition, and food access; (2) alcohol abuse, drug addiction, and tobacco; and (3) mental health and suicide. The groupings were renamed (1) obesity, (2) substance abuse, and (3) mental health by consensus. The CAC voted to approve these three choices as the health priorities for the Reedsport area.

Nancy Knopf then led the CAC through a theming exercise to begin a conversation about what specifically each health priority means to CAC members and to the Reedsport community. These statements will be used to help create a goal statement. There will be a Survey Monkey available to CAC members who have questions about the chosen health priorities as we continue in this process next month.