

Summary of Minutes February 2014 Reedsport Community Advisory Council

The agenda was reviewed and approved. The minutes were reviewed and approved. Nancy Knopf announced that there will not be a meeting in March

Joell Archibald gave the Innovator Agent update: The Medicaid expansion has resulted in almost 200,000 insured people in Oregon and to date 5,365 new members in the CPCCO. Joell encouraged all CAC members to attend the statewide CAC conference May 29 & 30th in Eugene. The conference is for CAC members only and will focus on helping CAC members to work on strategies for the health improvement plan. The transformation center will pay for mileage, meals, and hotel.

Nancy Knopf gave an overview of the process that occurred starting in 2012 regarding the community needs assessment which included gathering information and data from multiple sources including existing assessments in place for Douglas County and information that is specific to the Reedsport area. Additionally, the Regional CAC have, based on the local recommendations, chosen the three health priorities that were recommended to the CCO board of directors at this month's board meeting. They are: Obesity, Substance Abuse, and Mental Health. The next step is for the local councils to continue the conversations about goals and local strategies. A handout was given to CAC members that gave information about preventative practices related to the health priorities.

Joell Archibald discussed getting better race and ethnicity data from the state and that this would be happening soon.

Nancy Knopf led a discussion of what local strategies to address the three health priorities would look like in the Reedsport area.

Issues discussed were:

- The importance of not looking too far ahead of where we are in terms of the importance of keeping projects/strategies small and obtainable as a start.
- Having an understanding of what supports are available and that the community knows who to contact for information. Related to this issue is the need to have a crisis line. A member had attempted to call the crisis line to see if it worked and was unable to get an answer.
- Having a 211 information line (a program that is free to the community) was discussed as a way to bring resources and people together.
- Information getting out to the community through the Umpqua Post or doing something similar as the Register Guard who has a physician's column.
- Supporting and sponsoring public education events.
- Create partnerships with events that are already occurring in the community to get information out about addressing the health issues.
- Mental health counselors in the schools.

The CAC then participated in a group activity to begin the process of setting high level goals to address the three health priorities and guide the plan for the local strategies.