

Summary of Minutes February 2014 Clatsop County Community Advisory Council

The agenda was reviewed and there were no additional items that the CAC wanted to discuss. The agenda was approved. The minutes from the January CAC were reviewed. The minutes were approved.

There was a reminder that there will be no CAC meeting in March. There was a reminder about member responsibilities as discussed in the January CAC meeting, particularly that members must think about the needs of the larger community and not their personal affiliations

Joell Archibald, Innovator Agent, gave her update. There are over 200,000 newly insured in Oregon as of Friday, January 31. Columbia Pacific CCO has 5,183 new members from that same date. There was a discussion about how the new members can contact the CCO and access services. Joell also reported that the transformation plan progress report was due last week and that the state CCO quarterly progress report was released today. There is a statewide CCO CAC meeting in the works.

The Steering Committee continued their presentation on health priorities from last month. They led the CAC through a process to focus on more specific objectives within each broad health priority. For promotion of health and wellness, the CAC selected mental health promotion, alcohol and drug prevention, and promotion of physical activity as areas of focus. For addictions, the CAC selected teenage drinking and smoking as areas of focus. For crisis management, the CAC selected 11th grade depression and 11th grade suicide as areas of focus.

Nancy Knopf led the CAC through a world café and a discussion of high level goals. There were calls for a gap analysis of services within Clatsop County. The goals discussed for crisis management included:

- fewer suicide attempts, fewer depressive episodes, positive community, symptom identification within the high schools, normalizing discussions about depression, mandated school board training, and access to/knowledge of existing services.

The goals discussed for addictions included:

- lowering teenage drinking and smoking, having every school participate in the student wellness study, helping students learn to make healthy choices before sixth grade, having healthy choices modeled in schools, positive community norms, and finding activities so kids are too busy to drink or smoke.

The goals discussed for promotion of health and wellness included:

- Mandatory physical education, increased workforce for mental health, increased positive role model relationships, school based health centers at all districts, and health homes at schools.

The Steering Committee will be meeting later in February.