## Summary of Minutes August 2018 Columbia County Community Advisory Council

Our August meeting was a social gathering and potluck. Community updates were provided along with an update on the Community Paramedic project in Columbia County.

## **Community Paramedicine update:**

An updated was provided on the Community Paramedic project. Nina described the type of situations she was encountering. She indicated the three main areas are she was seeing most was behavioral health, pain and pain management, and diabetes complications. She described a couple of situations. She mentioned an area of surprise that stood out was the need for veterinary and pet care. She described numerous times when members were hospitalized their concern and focus was on their pet and who would care for them while they were away, more so than on their own health and healing. She had one example where a patient checked themselves out of the hospital to get home to their pet.

Other community updates included:

"Out of Reach" a special documentary screening of how a high school senior sets out to uncover the growing problem of teens abusing prescription medicine. This is a free event, sponsored by The Public Health Foundation of Columbia County.

"Out of the Darkness" Columbia County walk raise awareness for Suicide Prevention, will be on September 22, 9am at Scappoose Middle School. Online registration is available now and/or the morning of the walk.